

## Department of Psychology Central University of Punjab, Bathinda-151001.

(Established vide Act No. 25(2009) of Parliament)

Ref. N.

Date 27/01/2020

## Minutes of AAC

The meeting of AAC of the department was held on 27 January, 2020 in office of head of the department at 3.30 p.m. The minutes of the meeting are as follows:-

Agenda 1:- Including Value-Added Course titled 'Stress Management worth 1 credit

PSY- 504

Resolution: One Value-Added Course titled 'Stress Management' worth 1 credit was approved. The Course-Code of course is as follows:-

PSY.504-Stress Management

Dr Saiad

Dr Anugraha

Dr. Shubhoub Kaur